

## Submission Checklist

Submitted manuscripts pass through pre-evaluation process by the Admin to ensure that they conform to Mediterranean Nursing and Midwifery guidelines. Before completing your submission, please check the specified requirements and implement corrections, if necessary.

Please be acknowledged that the failure to adhere guidelines will delay the review process.

### Limitations for each manuscript type

Type of manuscript	Word limit*	Abstract word limit	Reference limit	Table limit	Figure limit
Research Article	4000	250 (Structured)	35	6	5 or total of 10 images
Review Article	5000	250	50	6	10 or total of 15 images
Case Report	1200	200	15	No tables	4 or total of 8 images
Letter to the Editor	400	No abstract	5	No tables	No media

\*Word limit should not include the abstract, references, tables, and figure legends.

- The main document should be blind. Please exclude all information that may indicate an individual or institution from the main text, tables, and figures.
- Copyright Agreement and Acknowledgement of Authorship Form, and ICMJE Conflict of Interest Statement Forms must be filled properly and submitted to the system. Forms are available for download at <http://mediterr-nm.org/Content/files/Copyright%20Agreement%20Form.pdf> . ICMJE Conflict of Interest Statement Forms must be completed individually.
- Each submission should be accompanied by a title page that includes a full list of contributing authors, their affiliations, contact information, and ORCID IDs. If you do not have an ORCID account, please register free of charge at <https://orcid.org>.
- Authors are required to prepare manuscripts in accordance with the CONSORT guidelines for randomized research studies, STROBE guidelines for observational original research studies, STARD guidelines for studies on diagnostic accuracy, PRISMA guidelines for systematic reviews and meta-analysis, ARRIVE guidelines for experimental animal studies, and TREND guidelines for non-randomized public behavior. To find the right guideline for your research, please complete the questionnaire by Equator Network [here](#).
- Each submission should be accompanied by 3 to 5 “main points” which should emphasize the most noteworthy results of the study and underline the principle message that is addressed to the reader. This section should be structured as itemized to give a general overview of the article. The main points should be listed at the end of the main text, above the reference list.
- Please do not use a zero before decimal fraction when statistic cannot be greater than 1 (e.g., correlations, proportions, levels of statistical significance).
- All tables and figures must be referred to and numbered consecutively within the main text. In addition, all table and figure titles & footnotes (if any) should be re-check for compliance according to the Author Guidelines.

- Each figure should be accompanied by a descriptive legend and figure legends should be listed at the end of the main document.
- Abstract should not include citations.
- Mediterranean Nursing and Midwifery requires that clinical trials must be registered in a publicly accessible registry (You may check for the details at <http://mediterr-nm.org/en/instructions-to-authors-106> ). Please state the registry and the clinical trial number of your research in the Title Page.
- Authors are expected to provide the following information in the Materials and Methods section: Type of the article, sample and the population of the study, data collection tools, the implementation of the data collection tools, and information on the ethics approval and the patient(s)' consent. Limitation of the study should be provided in the Discussion section before the conclusion paragraph.
- Mention in parenthesis, where appropriate, the producer of a drug, product, hardware, or software: " (e.g. Somatom X; Siemens) or prilocaine (Citanest; Zenica Medical).
- In "Discussion", make sure you have mentioned the limitations, drawbacks, or shortcomings of your original article before conclusion paragraph.
- Each submission should be accompanied by 3 to 5 keywords which should be picked from the Medical Subject Headings (MeSH) list (<https://www.nlm.nih.gov/mesh/MBrowser.html>).
- Information on Informed Consent should be provided in the XXXXXX Materials and Methods / Case Presentation XXXXXX section of the main text.
- An approval of research protocols by an Ethics Committee in accordance with international principles is required for experimental, clinical and drug studies. Please provide information on ethics committee approval and decision/protocol number in the methods section of your manuscript.
- Figures should be submitted as standalone images in .JPG or .TIFF format through the submission system. The minimum resolution of each submitted image should be 300DPI. In addition, large sized images should be submitted (minimum 100x100mm). Submitting low-quality images may cause delays both in the evaluation and publication processes of your submission.
- Tables should be included in the main document using word software's "insert table" command and should not be submitted embedded in a separate file.
- Both in-text citations and the references must be prepared according to the APA Manual Seventh Edition. In addition, the appropriateness of the references (latest and most up-to-date publications) should be re-checked in terms of the compatibility with the journal's guideline before completing the submission.